

I Believe

I believe Lord, that you are always with me, and will never abandon me. You know my needs, even before I ask. You know the way I think and the way I feel. You encourage me to walk with you. I believe you know my weakness and strength, and are always trying to restore me to yourself. In every situation you are near; every anxiety I live with you. Your arms are stretched out to hold me when I fall, for you are full of mercy and compassion, ever willing to forgive, help and direct.

I believe Lord, that you gave me your Son to express your perfect love for me. Through his death I have union with you, knowing completely your boundless love filling me with wonder.

I believe Lord, that you are the giver of good things, never wanting to withhold anything that would enrich my life. In my times of fear you give me peace so that I can overcome. In my times of darkness you give me light so that I can see. When I go away you lovingly call me back to yourself. Thank you Lord, for enabling me to believe. Help me when I doubt you. Amen.



Morning Consecration to Mary

My Queen, My Mother, I offer myself entirely to thee.

And to show my devotion to thee, I offer thee this day, my eyes, my ears, my mouth, my heart, my whole being without reserve.

Wherefore, good Mother, as I am thine own, keep me, guard me as thy property and possession. Amen.



Prayer to Saint Rita

O Powerful St. Rita, rightly called the Saint of the Impossible, I come to you with confidence in my great need. You know well my trials, for you yourself were many times burdened in this life. Come to my help, speak for me, pray with me, intercede on my behalf before the Father. I know that God has a most generous heart and that he is a most loving Father. Join your prayers to mine and obtain for me the grace I desire (make your request). You who were so very pleasing to God on earth and are so much now in heaven, I promise to use this favour, when granted, to better my life, to proclaim God's mercy, and to make you more widely known and loved. Amen

Take My Hand

I cannot pray, dear Lord, I cannot find, The hopes; recovery; health; and peace of mind. So, take my hand, and take my feeble frame, And give me strength, and help me bear my pain. I am so weak, give me the strength I need, To know that with your help, we will succeed.

So, help me in these long and tiring days, To know that someone sings a song of praise. The friends who care, who pray instead of me, For healing and a quick recovery. So take my hand, and let it cling to thee, And clinging - know no harm can come to me.



Monthly Prayer Sheet

May 2014 Holy Trinity Parish - Parish Pastoral Council Issue No 3



Pope's Intention for the Month of May

Universal: That the media may be instruments in the service of truth and peace.

For Evangelisation: That Mary, star of Evangelisation, may guide the Church in proclaiming Christ to all nations.



Consecration of the Sick to Mary

O kind and good Mother, whose own soul was pierced by the sword of sorrow, look upon us while, in our sickness, we arraign ourselves beside you on the Calvary where your Jesus hangs.

Given the high grace of suffering, and hopeful of fulfilling in our own flesh what is wanting in our sharing of Christ's passion, on behalf of his Mystical Body, the Church, we consecrate to you ourselves and our pain. We pray that you will place them on that Altar of the Cross to which Jesus is affixed. May they be pleasing gifts for our salvation and for the salvation of all peoples.

O Mother of Sorrows, accept this consecration.

Strengthen our hopeful hearts, that as partakers of Christ's sufferings we may also share in his comfort now and for evermore. Amen.



Liturgical Calendar

1st	St Joseph the Worker
3rd	Saints Philip and James
13th	Our Lady of Fatima
14th	St Matthias
16th	St Brendan
20th	St Bernardine of Siena
22nd	St Rita of Cascia
31st	Visitation of the Blessed Virgin Mary



A Prayer to Jesus

I love You, O my God, and my only desire is to love You until the last breath of my life.

I love You, O my infinitely lovable God, and I would rather die loving You, than live without loving You.

I love You Lord and the only grace I ask is to love You eternally.

My God, if my tongue cannot say in every moment that I love You, I want my heart to repeat it to You as often as I draw breath.

(St. John Vianney)



A Prayer to the Holy Mother

O Blessed Virgin, pray to God for us always, that He may pardon us and give us grace, pray to God for us always, that He may grant us peace in this life, pray to God for us always, that He may reward us with paradise at our death. Amen.

For the Sick

Lord, heal and comfort the sick in mind and body. Knowing you are always by their side, comfort them in their anguish day and night. May they believe in you, trust in you and love you always. Amen



My Daily Prayer

O My God, I place my trust and confidence in You, who will reward the good and punish the wicked. I believe in You and accept everything You have taught and revealed. I believe that in one God there are three Divine Persons - God the Father, God the Son and God the Holy Spirit. I believe that God the Son became Man without ceasing to be God. He is Jesus Christ, my lord and my Saviour, the Redeemer of the human race. He died on the Cross for my salvation and eternal happiness. O my God, give me a strong faith. Help me to believe with lively faith. O my God, all-good and all-merciful, I sincerely hope to be saved. Help me to do all that is necessary to gain eternal salvation. I have committed many sins in my life, but now I turn away from them. I am sorry, truly sorry for all of them, because I have offended You, my God, Who are all-good, all-perfect, all-holy and all-merciful. I love you, O my God, with all my heart. Please forgive me for having offended You. I promise that, with Your help, I will never offend You again. My God, have mercy on me. Amen

Prayer to Saint Joseph

O St. Joseph whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. O St. Joseph do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your Heavenly power I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine Head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls, pray for us. Amen



"Jesus, help me!"

"Jesus, help me!" In every need let me come to you with humble trust, saying, "Jesus, help me!" In all my doubts, perplexities and temptations, "Jesus, help me!" In hours of loneliness, weariness and trials, "Jesus, help me!" In the failure of my plans and hopes, in disappointments, troubles and sorrows, "Jesus, help me!" When others fail me and your grace alone can assist me, "Jesus help me!" When I throw myself on your tender love as a Father and Saviour, "Jesus, help me!" When my heart is cast down by failure at seeing no good come from my efforts, "Jesus, help me!" When I feel impatient, and my cross irritates, "Jesus, help me!" When I am ill, and my head and hands cannot work and I am lonely, "Jesus, help me!" Always, always, in spite of weakness, falls and shortcomings of every kind, "Jesus, help me and never forsake me!"



Prayer to Our Lady of Fatima

O God of infinite goodness and mercy, fill our hearts with a great confidence in Your dear Mother, whom we invoke under the title of Our Lady of the Rosary and Our Lady of Fatima, and grant us by her powerful intercession all the graces, spiritual and temporal, which we need. Through Christ Our Lord. Amen.



Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds conceal me.
Do not permit me to be parted from you.
From the evil foe protect me.
At the hour of my death call me.
And bid me to come to you,
To praise you with all your saints
forever and ever. Amen

The Magnificat

My soul glorifies the Lord, my spirit rejoices in God my Saviour. He looks on his servant in her lowliness; henceforth all generations will call me blessed. The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him. He puts forth his arm in strength and scatters the proud hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Glory be to the Father..... Amen.

Verses to Inspire

"God is Love. The person who truly loves lives in God and God lives in them".

1 John 4:16

"God's love has been poured into our hearts by the Holy Spirit".

Rom 5:5

"If you live in Me, and my words live in you, then you may ask for whatever you wish and you will have it".

John 15:6

"In my flesh, I complete what is lacking in Christ's afflictions for the sake of His body, that is the Church".

Col 1:24

"My dear people, we are already the children of God and when He appears we shall be like Him".

1 John 3:2

Father in heaven, bless our families and all who visit our home. Bless those who are lonely and afraid. When I close my door for the last time each day let me know that you are here with me in my heart and in my thoughts. Reassure me of your gentleness and care.



Mother Mary, during this month of May I ask your intercession for everyone I know and all the people in the world. Help us to know your Son Jesus and to give thanks for all we own and all the love we receive from family and friends.

Many boys and girls will be celebrating First Holy Communion and Confirmation during May. We pray that God will bless them, their families and the school teachers who share their faith with the children. Amen.

