

Lenten Novena Prayer

Father, all-powerful and ever living God, during the Holy Season of Lent you call us to a closer union with yourself. Help me to prepare to celebrate the Paschal Mystery with mind and heart renewed. Give me a spirit of loving reverence for you, our Father, and of willing service to my neighbour. As I recall the great events that gave us new life in Christ, bring the image of your Son to perfection within my soul. This great season of grace is your gift to your family to renew us in spirit. Give me the strength to purify my heart, to control my desires, and so to serve you in freedom. Teach me how to live in this passing world with my heart set on the world that will never end. I ask for the grace to master my sinfulness and conquer my pride. I want to show to those in need your goodness to me by being kind to all. Through my observance of Lent, help me to correct my faults and raise my mind to you, and thus grow in holiness that I may deserve the reward of everlasting life. In your mercy grant me this special favour: *(mention your request)* The days of the life-giving Death and glorious Resurrection of Jesus Christ, your Son, are approaching. This is the hour when he triumphed over Satan's pride, the time when we celebrate the great event of our Redemption. The suffering and death of your Son brought life to the whole world, moving our hearts to praise your glory. The power of the Cross reveals your judgement on this world and the kingship of Christ crucified. Father, through his love for us and through his Sufferings, Death and Resurrection, may I gain eternal life with you in Heaven. Amen



Prayer to St Joseph



Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore: *(mention your request)*. Guardian of the Word Incarnate, I am confident that your prayers on my behalf will be graciously heard before the throne of God. Amen

Lord

Help me to remember that nothing is going to happen to me today that you and I together can't handle.

Amen



Priests of the Parish

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Monthly Prayer Sheet

March 2015

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Pope's Intention for the Month of March

Universal: That those involved in scientific research may serve the well-being of the whole human person.

For Evangelisation: That the unique contribution of women to the life of the church may be recognised always.



Prayer for Palm Sunday




On this day of great rejoicing, Lord Christ, when we welcome you as King and Saviour, we also walk in the shadow of your cross. Hosanna! we cry. Blessed are you who comes in God's name to save us. Hosanna! Strengthen our faith on this Palm Sunday so that when the time comes to carry the cross we might still call out to you with heartfelt praise. Give us the grace and the courage to follow you this Holy Week from death to resurrection, from darkness to the fullness of light. We need you, O Christ, our Saviour. Hosanna! Amen

Saint Patrick Prayer for the Faithful

May the Strength of God guide us.
 May the Power of God preserve us.
 May the Wisdom of God instruct us.
 May the Hand of God protect us.
 May the Way of God direct us.
 May the Shield of God defend us.
 May the Angels of God guard us.
 Against the snares of the evil one.
 May Christ be with us! May Christ be before us! May Christ be in us, Christ be over all. May thy grace, Lord, always be ours, this day, O Lord, and forevermore. Amen.

Liturgical Calendar

5th	St Kieran
7th	St Perpetua & St Felicity
9th	St Francis of Rome
17th	St Patrick 
19th	St Joseph, Husband of BVM
21st	St Enda
25th	Annunciation of the Lord
29th	Palm Sunday

Prayer to St Joseph for the Church

Glorious Saint Joseph, powerful protector of Holy Church, I implore your heavenly aid for the whole Church on earth, especially the Holy Father and all bishops, priests and religious. Comfort the afflicted, console the dying, and convert sinners and heretics. Have pity on the poor souls in purgatory, especially on my own family, relatives and friends. Obtain for them the speedy remission of their punishment, that with you and all the Saints and Angels they may praise and glorify the Blessed Trinity forever. Amen.



Psalm 37

O Lord, do not rebuke me in your anger; do not punish me, Lord, in your rage. Your arrows have sunk deep in me; your hand has come down upon me.

Through your anger all my body is sick: through my sin, there is no health in my limbs. My guilt towers higher than my head; it is a weight too heavy to bear.

My wounds are foul and festering, the result of my own folly. I am bowed and brought to my knees. I go mourning all the day long. All my frame burns with fever; all my body is sick. Spent and utterly crushed, I cry aloud in anguish of heart.

O Lord, you know all my longing: my groans are not hidden from you. My heart throbs, my strength is spent; the very light has gone from my eyes.

O Lord, do not forsake me! My God, do not stay afar off! Make haste and come to my help, O Lord, my God, my saviour!

The Way to Peace

Father of love, hear my prayer. Help me to know your will and to do it with courage and faith. Accept my offering of myself - all my thoughts, words, deeds and sufferings. May my life be spent giving you glory. Give me the strength to follow your call, so that your truth may live in my heart and bring peace to me and to those I meet for I believe in your love. Amen.



Tweets by Pope Francis

“True love does not pay attention to the evil it suffers. It rejoices in doing good.”

“How often we forget to dedicate ourselves to that which truly matters! We forget that we are children of God.”

“The family is the greatest treasure of any country. Let us all work to protect and strengthen this, the cornerstone of society.”

Sunday is the Lord’s Day, let us find time to be with him.”

“Lord, help us to recognise you in the sick, poor and suffering.”

“The Lord put it clearly: you cannot serve two masters. You have to choose between God and money.”



A Prayer for the Journey

Loving Lord, thank you for the gift of your time. You are always there for me even though I do not always acknowledge it. Make me more aware of the importance of spending quality time in your presence. Sometimes I become too caught up in the business and chaos of life that I do not give adequate time to you and to others. Through your Spirit, Lord, restore serenity and peace in me. Help me journey through the busy turbulent times to a more balanced and fulfilling existence. I pray through Jesus Christ, Our Lord, Amen.

Act of Thanksgiving

From the depths of my heart I thank you, dear Lord, for your infinite kindness in coming to me. How good you are to me! With your most Holy Mother and all the Angels, I praise your mercy and generosity toward me, a poor sinner. I thank you for nourishing my soul with your Sacred Body and Precious Blood. I will try to show my gratitude to you in the sacrament of your love, by obedience to your holy commandments, by fidelity to my duties, by kindness to my neighbour and by an earnest endeavour to become more like you in my daily conduct. Grant that I may spend the hours of the day gladly working with you according to your will. Help me just for today and be with me in it. In any work I do, that I may not grow weary or slack in serving you. In conversations, that they may not be to me occasions of uncharitableness. In the day’s worries and disappointments, that I may be patient with myself and those around me. In moments of fatigue and illness, that I may be mindful of others rather than of myself. In temptations, that I may be generous and loyal, so that when the day is over I may lay it at your feet, with its successes which are all yours, and its failures which are all my own, and feel that life is real and peaceful, and blessed when time spent with you as the guest of my soul. Lord, I give thanks to you for your dying on the cross for my sins. Amen

Verses to Inspire

“I give you a new commandment: love one another; just as I have loved you, you must love one another.



Jn 13:34

“I think that what we suffer in this life can never be compared to the glory, as yet unrevealed, which is waiting for us from the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; but, as I say, we must hope to be saved since we are not saved yet - it is something we must wait for with patience.”

Rom 8:18-22,25

“Peace I bequeath to you, my own peace I give you, a peace the world cannot give, this is my gift to you. Do not let your hearts be troubled or afraid.” *Jn 14:27*

“Joseph, son of David, do not be afraid to receive Mary into your home as your wife...She will give birth to a Son, and you shall name him Jesus for he will save his people from their sins...When Joseph awoke he did as the Angel of the Lord had commanded him.”

Mt 1:20-21,24

Jesus, Mary and Joseph

Jesus, Mary and Joseph, I give thee my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe forth my soul in peace with thee. Amen

